



# Maryville

INTEGRATED CARE

SUMMER  
NEWSLETTER  
2024



## The Future is Now: Maryville Integrated Care

We are thrilled to announce that Maryville Addiction Treatment Center is now Maryville Integrated Care! While our name has changed, the exceptional quality of care you trust remains steadfast. What is integrated care? It's an approach that treats the whole person, addressing multiple needs simultaneously. At Maryville, we combine substance use treatment, mental health care, medical services, and support systems to provide a holistic approach for each individual we serve.

Our inpatient programs not only offer addiction treatment but also provide comprehensive medical care through physicians and a 24-hour nursing department. Our Certified Community Behavioral Health Clinics and outpatient programs offer medical care and connections to primary and specialty care physicians. Every program features licensed therapists and Advanced Practice Nurses (APNs) for mental health treatment, and Certified Peer Recovery Specialists to guide individuals throughout their journey.

While we continue to lead in substance use disorder treatment, our new name reflects our commitment to addressing a broader scope of issues, ensuring a more complete and integrated response. Welcome to Maryville Integrated Care, where comprehensive care is our promise.



Maryville's new Voorhees space, planned future site of outpatient services

## Mission Statement

*Maryville helps individuals and families improve their health and wellness by providing high quality integrated mental health, physical health, and substance use treatment, recovery supports, and education.*

# Message from CEO Kendria McWilliams



Dear Friends:

2024 marks a critical juncture in the history of Maryville. During this 75th anniversary year of service to our communities, we've expanded our mental health, substance use, and integrated physical health care services for vulnerable adults, children, and families. As New Jersey continues to struggle with the deadly opioid epidemic, the parallel pandemic of anxiety, depression, and other behavioral health challenges is increasing demand for mental health care.

Through several new programs, we are increasing access to high quality services for all New Jersey residents, including underserved populations. Members of the LGBTQIA+ community, those for whom Spanish is the primary language, and homeless individuals receive holistic care addressing social, environmental and physical health needs in addition to mental health and substance use disorder treatment. Through these evidence-based programs, more people are entering treatment, sustaining recovery, and leading healthy lives.

It is with pleasure that we announce that Maryville, formerly known as Maryville Addiction Treatment Center, will now be known as Maryville Integrated Care. While our new name, logo and messaging will represent our wider scope of services, we remain the same dependable non-profit agency restoring hope, health and healing for individuals and families. Adding the word "integrated" to our name helps to define the Certified Community Behavioral Health Clinic (CCBHC) model of care we adopted in 2023. While our inpatient programs provide intensive treatment, our CCBHC community clinics provide opportunities for long term disease management aimed at improving individual and community health.

Maryville's strong relationships with healthcare partners, local officials, law enforcement, faith-based organizations and other groups are foundations of our success. We thank our dedicated staff and volunteer board for their hard work and resiliency as we continue to forge ahead to advance community health.

## From Tragedy to Triumph

Stephen Allison began using marijuana and alcohol socially at age 13. By the time he reached 19, he was using hard drugs including heroin, crack cocaine, and meth. Stephen had watched his father die in a tragic motorcycle accident and that fueled his desire to be high, in order to cope. He would spend the next 11 years in and out of jail, and would attend 21 treatment centers including psychiatric wards.

In April 2021, Stephen was sent to Maryville's Vineland outpatient program via Recovery Court. He made a strong connection with his counselor and became motivated to achieve recovery. Stephen learned to participate open and honestly in group sessions. He also met a close friend in treatment at Maryville, who became an important support person during his journey.

Today, Stephen works full-time in moisture control and has a part-time automobile detailing business. He recently had a baby boy – Luxe Michael – and is excited about being a father. He's also rediscovering things that bring him joy, like nature and the outdoors, axe throwing, comedy shows, spending time with family, and especially swimming with his nieces and nephews. "I'm very grateful for Maryville and the staff there. If it wasn't for them, I wouldn't be where I am today. The possibilities are endless," Stephen shared.



## Here We Grow Again

Maryville is now providing Medication Assisted Treatment (MAT) in the Joseph's House of Camden homeless shelter in Camden City, thanks to funding from the New Jersey Division of Mental Health and Addiction Services. Medication Assisted Treatment is an evidence-based practice designed to help people with opioid use disorders achieve and sustain recovery. Through this initiative, homeless individuals are able to easily access treatment and support services via physicians, a case manager, and a peer recovery specialist. Services are being offered in-person and virtually to shelter residents and drop-in guests.

In addition, Maryville was awarded a two-year grant from Holman to expand the Alumni Services program. We will be adding a part-time alumni coordinator as well as new programming in the areas of health and wellness, employment assistance, budgeting and finances, and entrepreneurship. The Alumni Services program currently offers recreational events as well as information and resources in order to create a supportive environment to help clients sustain long-term recovery. We recently held our first Yoga and Nutrition session which led participants through an hour of yoga followed by a healthy meal and a nutrition lesson.



# Staff Spotlight on Brandis Childs, Director of Mental Health and Community Programs



From her first day at Maryville in January 2022, Brandis Childs has been known for her warm smile, engaging personality, laughter, dedication, and follow-through. With over 14 years of clinical experience

across a variety of treatment settings and populations, both in direct care and administration, Brandis was hired to oversee and develop Maryville's mental health programming. She came to Maryville because she knew of the remarkable work being done and wanted to help build the primary mental health services at a historically-known addiction treatment center.

Under Brandis' leadership, Maryville received its license to provide mental health services and will soon serve primary mental health clients at its Turnersville outpatient program. "These services are needed because suffering from mental health concerns is very common, there are many wait-lists, and affordable options are not always readily available. The pandemic increased the need for additional primary mental health providers, so we are responding to the needs of our community," Brandis stated.

Brandis also serves as project director for Maryville's Substance Abuse and Mental Health Services Administration (SAMHSA) funded Certified Community Behavioral Health Clinics (CCBHC) at Maryville's Turnersville and Vineland outpatient sites. Maryville's CCBHC services include physical and behavioral health screenings, and assessment, diagnosis, case management and outpatient/Intensive Outpatient treatment for substance use and co-occurring mental health disorders.

Brandis is one of 12 children, 8 of whom were adopted. She learned early in life the value of helping those in need. "Growing up, I saw my parents help many less fortunate children by providing them with a home and the support that their birth parents could not. From a young age, I realized how important it is to assist others, when you're in the position to do so, and to give back to the community that helped raise you," Brandis shared. Today Brandis lives in Washington Township with her husband Ray and 7-year old son Justis. In her free time, she enjoys spending time with friends and family, traveling, practicing self-care, watching her son play sports, and shopping.

## The 16<sup>th</sup> Annual Race for Recovery

The 16th Annual Race for Recovery 5K Run and Fun Walk will be held on Saturday, September 28, 2024 at Cooper River Park. The event will benefit the Peter P. Black IV Scholarship Fund at Maryville which assists individuals unable to pay for treatment. The fund was established by Kate Holt in memory of her son Peter who passed away from a substance use disorder. There will be awards, race shirts, a live DJ, water ice, Death of the Fox coffee, a photo booth, kids' activities, and a free yoga session after the race! If you're interested in sponsoring the event or participating, visit [maryvillenj.org/raceforrecovery](http://maryvillenj.org/raceforrecovery).



# Maryville's Fiscal Year 2024 Impact

The reason our organization exists is to impact the lives of others. Here is a sampling of outcomes we accomplished this past year.

- Maryville served more than 7,500 unduplicated individuals through inpatient and outpatient treatment, support services, and community programs.
- Maryville placed 1,009 clients in sober living housing throughout the state.

In client discharge surveys:

- 98% of Maryville clients stated they would recommend us to a friend or family member in need of services.
- 97% of Maryville clients felt they had gained the skills necessary to support their recovery.

In our Certified Community Behavioral Health Clinic (CCBHC), where integrated substance use, mental health, and medical care is offered:

- 1,603 individuals received treatment and supportive services.
- 443 individuals obtained health insurance.
- 63 adolescents received treatment.

Through our LGBTQIA+ Outpatient Services:

- 94% of clients obtained / maintained stable housing.
- 80% of clients obtained / maintained stable employment.
- 100% of clients did not become involved with the criminal justice system.

Through Peer Recovery Support Services:

- We completed 52 community trainings on naloxone.
- 324 clients were able to obtain their social security card, birth certificate, driver's license, or another form of identification.
- 761 clients obtained General Assistance and / or SNAP food benefits.
- 212 clients received employment assistance.
- 103 clients obtained health insurance.
- 167 clients were able to schedule medical appointments.

Through our partnership with Rowan-Virtua School of Osteopathic Medicine:

- We connected 260 residential clients to HIV education, testing and counseling.

Through our partnership with Camden County:

- We offered resources for treatment to 3,293 individuals in homeless shelters, educating them on treatment options and providing the opportunity for placement.

Through our Family Education and Support Group:

- We facilitated 43 group sessions, assisting 292 people to better understand and cope with their loved ones' addiction.

## Delia Burgos Named Champion Peer Leader

Congratulations to Maryville Certified Peer Recovery Specialist Supervisor Delia Burgos for winning the Champion Peer Leader Award in the New Jersey Association of Mental Health & Addiction Agencies' (NJAMHAA) 2024 Courage and Compassion Awards! The Champion Peer Leader is an individual with lived experience who demonstrates extraordinary courage and determination to overcome the obstacles of substance use and / or mental health disorder to become a provider of services; and is making a tremendous impact that can help erase the stigma of these illnesses. Delia received this award at NJAMHAA's Annual Champions of Courage Awards Ceremony in Somerset, NJ.



*Have you considered remembering Maryville in your will or life insurance policy?*

**1949 LEGACY SOCIETY**

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